



GROWTH MINDSET

Worksheet for using Fortitude in art & design

What does 'Giving Up' look like as a piece of art? What does 'Keep Going' look like as a piece of art?

Contrast the two ideas, how are they different and what makes them different? How have they shown this?

Create a piece of artwork that focuses on the feelings you have when you feel like you can't do something.

Invent a machine that will help you to 'Keep Going' even when things get difficult.

Pick a page in the 'Fortitude' book that you like. Think about why it appeals to you and then try to sell this page to the rest of the class drawing on the aspects that you like.

Pairs of children put together their presentation and then the class vote on the page they would like to buy.

Use the page that has won this vote and redesign it (this encourages the children to think deeply about the message it is conveying and how this could be conveyed in their own image).